

Weekly Behavior Tracker

Behavior & Goal Tracking



Celebrate the wins, big and small, all week long.

Behavior	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Listened the first time	☆	☆	☆	☆	☆	☆	☆
Kind to family	☆	☆	☆	☆	☆	☆	☆
Finished homework	☆	☆	☆	☆	☆	☆	☆
Used calm-down tools	☆	☆	☆	☆	☆	☆	☆
Followed morning routine	☆	☆	☆	☆	☆	☆	☆

This week's reward: _____

Color in a star for every good moment.

5 stars in a day earns a bonus point!