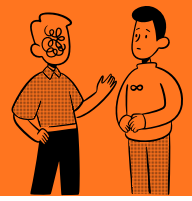


Reading Social Cues

Social skills



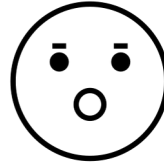
Circle what you think this face means



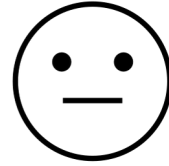
- ☐ Happy
- ☐ Sad
- ☐ Confused



- ☐ Excited
- ☐ Sad
- ☐ Silly



- ☐ Bored
- ☐ Surprised
- ☐ Calm



- ☐ Angry
- ☐ Bored
- ☐ Happy

What their body might be saying

Crossed arms, turned away:

They might be upset, defensive, or want space.

Checking the clock or looking around:

They might be bored or in a hurry.

Leaning in, nodding:

They're interested and listening.

Quiet, looking down:

They might feel shy, sad, or unsure.

Tips for parents

- Practice with pictures or a muted TV show guess the feeling from the face alone.
- It's okay to ask directly: "You look upset, are you okay?" is a great social skill on its own.
- Revisit real moments afterward: "What do you think they were feeling when...?"