

Playdate Planning Sheet

Social skills



Plan it out ahead of time so the playdate goes smoothly.

The details

Who's coming: _____

Date / time: _____ Where: _____

Activities we'll do

☐ _____

☐ _____

☐ _____

Our ground rules

☐ Take turns picking what to play

☐ Ask before touching someone else's things

☐ Use words if I'm upset, not hands

☐ Ask a grown-up for help if we get stuck

If it gets hard

First, I can try: _____

If that doesn't help, I can: _____

After the playdate: how did it go?

☐ Great!

☐ It was okay

☐ Kind of rough