

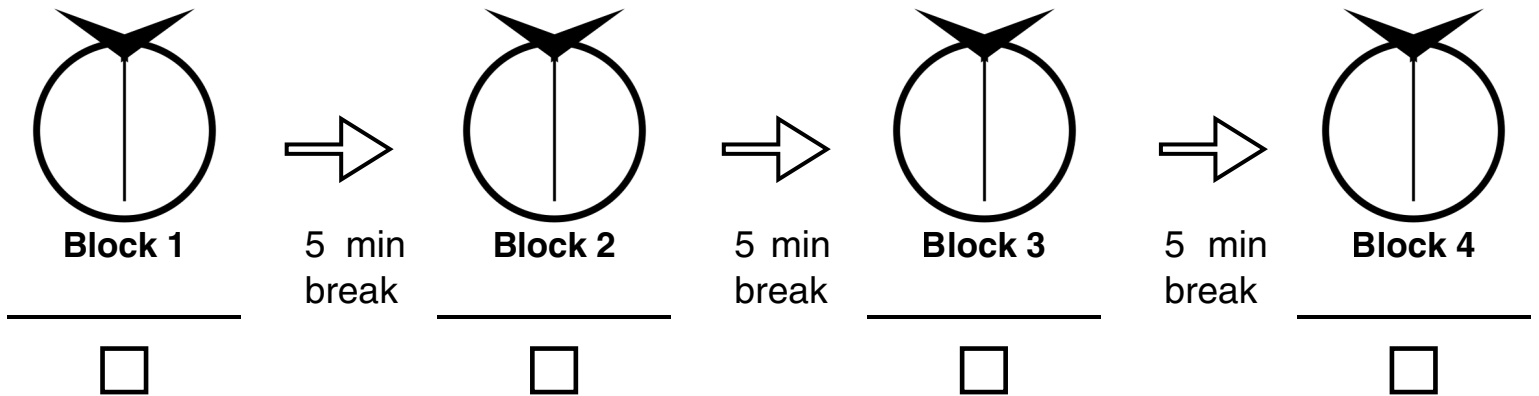
Homework Timer Tracker

Focus & Task Management



Work in short bursts, then take a real break.

1 work block = 15 minutes --> 1 break = 5 minutes --> repeat



Session Log

Block	What I worked on	Start time	End time
1			
2			
3			
4			