

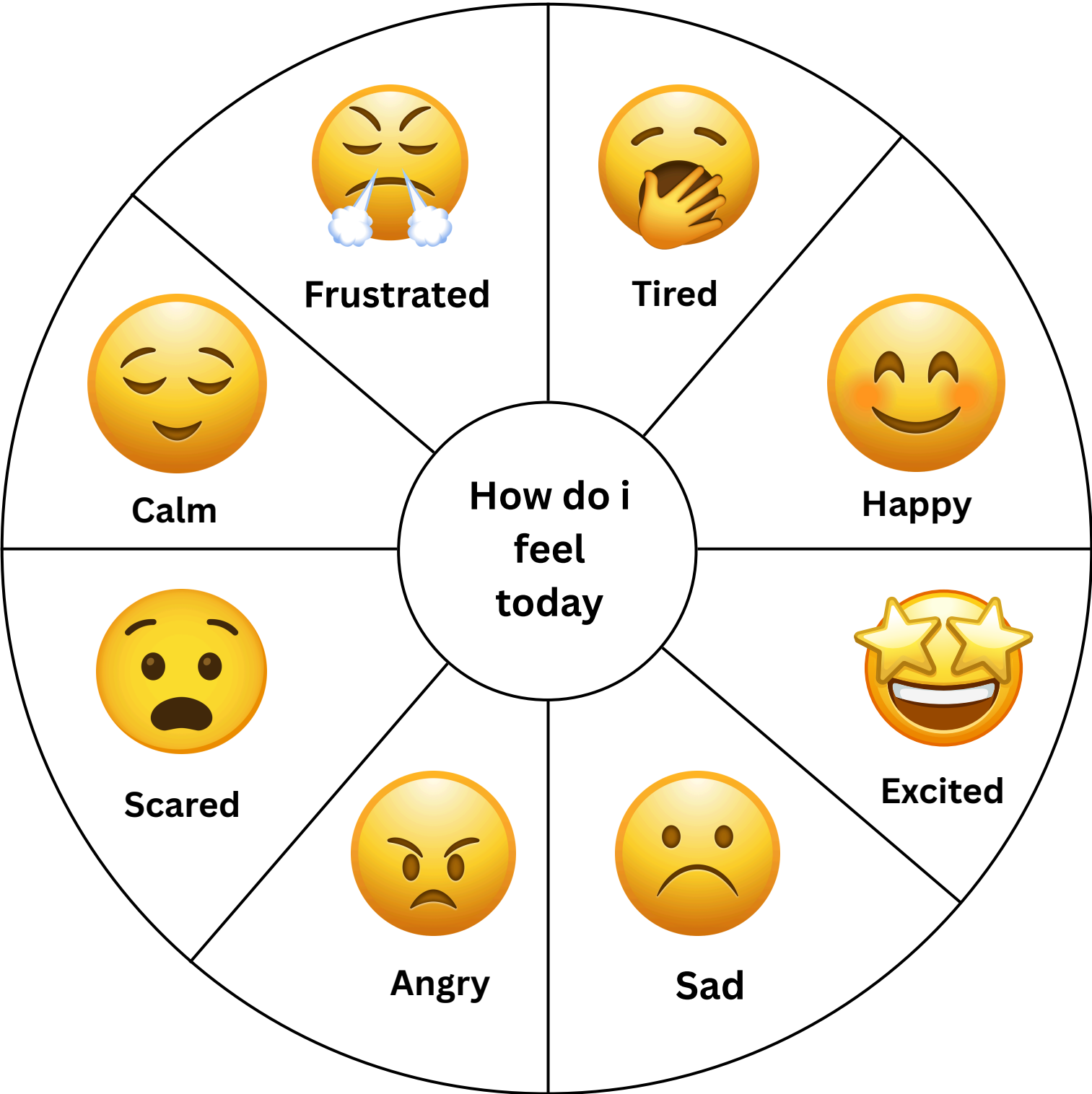


Student Name: _____

Obtain Marks: _____

Feelings Check-In Wheel

Emotional Regulation



Today i feel:
