

Chore Chart for Kids

Routine & Structure



Tips for using this chart

- 1. Keep the list short(4-6 chores). Too many tasks at once can feel overwhelming.
- 2. Use simple, specific wording ("put shoes in bin" works better than "clean up").
- 3. Let your child check off or mark each box themselves right after finishing a task.
- 4. Pair the chart with an immediate small reward or praise rather than waiting until the week ends.
- 5. Post it somewhere visible (fridge, bedroom door) and review it together at the same time each day.

Chore	Mon	Tue	Wed	Thu	Fri	Sat	Sun
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This week's reward: _____